

# COMMUNAL DISCERNMENT & IGNATIAN DECISION MAKING



Workshop on Ignatian School Leadership  
April 17 - 21, 2017  
Good Shepherd Spirituality Center  
Antipolo, Rizal, Philippines

LISTENING TO GOD  
**TOGETHER**  
IN COMMUNITY  
communal discernment

LISTENING TO GOD  
IN ONE ANOTHER  
active listening

LISTENING TO GOD  
**IN MYSELF**  
individual discernment

## 3 PIECES



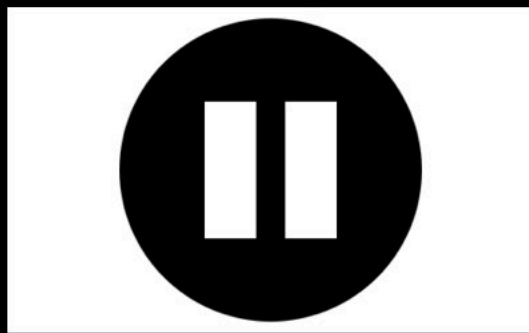
**ST. IGNATIUS OF LOYOLA'S  
RULES FOR DISCERNMENT  
OF SPIRITS**



**Sound Spirituality**

**Sound Psychology**

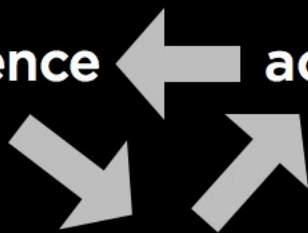
**pause**



**experience**

**action**

**reflection**



**share**  
from the wisdom of your practice



**learn** from colleagues



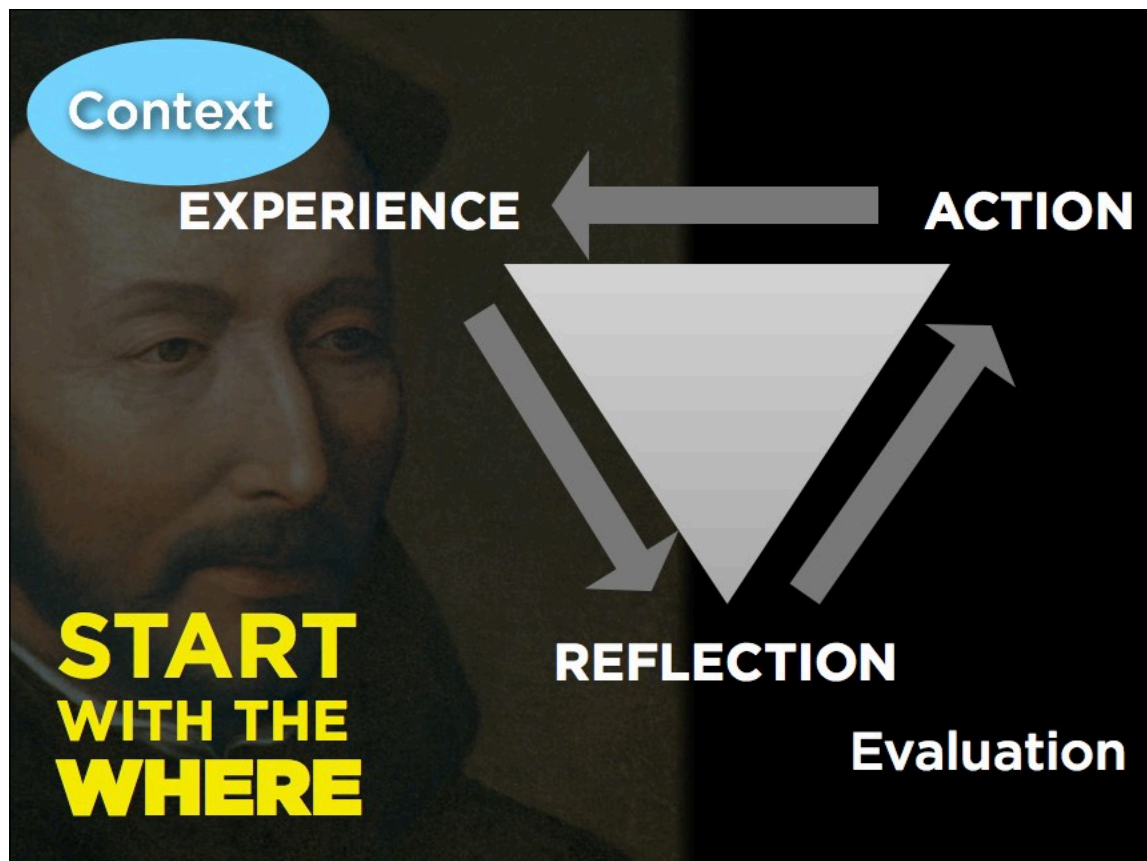
WORKSHOP ON IGNATIAN  
SCHOOL LEADERSHIP

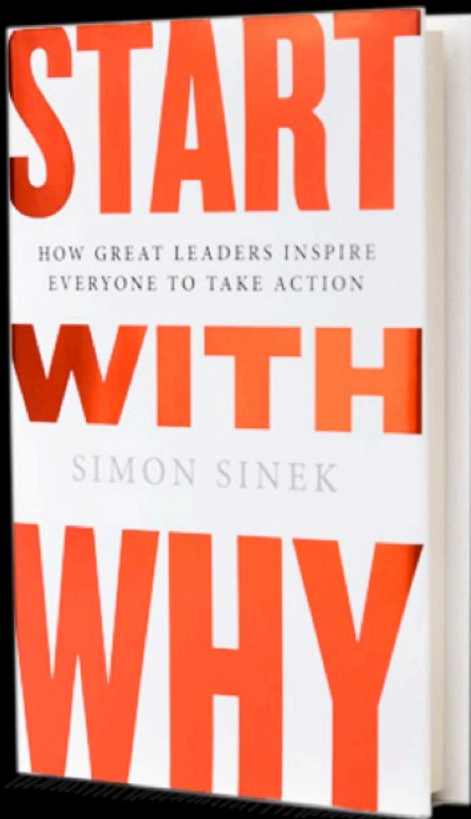


**daily schedule**

07:00 am	Breakfast
08:30 am	Session
10.00 am	Break
10.30 am	Session
12.00 pm	Lunch
01.30 pm	Session
03.00 pm	Break
03:30 pm	Session
05:00 pm	Break
05:30 pm	Eucharist
06:30 pm	Dinner
07:30 pm	Socials

[wis12017.wordpress.com](http://wis12017.wordpress.com)





Know your **WHY**.

Know the purpose,  
cause, or belief  
that **inspires** you  
to do what you do.

# WHY do we work?

**The  
EXPERIENCE  
of it**

**PLEASURE**

Enjoyable  
Stimulating

**PAIN**

Heavy/Burden  
Dull/Boring

**Our  
MOTIVATION**

**EXTRINSIC**

Means to  
an end.  
Benefits  
that go with it. Status  
Career  
Money

**INTRINSIC**

Meaning  
Self-fulfilment  
Service  
Meaning.  
End in itself.

# WHY we do what we do

## The EXPERIENCE of it



# WHY we do what we do

## The REWARD we get



## **PLEASANT EXPERIENCE**

### **EXTRINSIC MOTIVATION**

1. I do what I do because I get something out of it that is beneficial (status, social network, prestige).  
I also generally enjoy what I do.

**A. CAREER**

## **PAINFUL EXPERIENCE**

### **EXTRINSIC MOTIVATION**

2. Lately I feel forced to work out of a sense of duty or obligation (to earn a living).  
The work feels like a burden, but i endure what I do as faithfully as I can.

**B. CHORE**

**PAINFUL  
EXPERIENCE**

**INTRINSIC  
MOTIVATION**

3. What I do is intrinsically valuable to me, where the reward is not primarily tangible or material. It is a responsibility-- sometimes even a heavy load--but I believe that it contributes to some good.

**C. CAUSE**

**PLEASANT  
EXPERIENCE**

**INTRINSIC  
MOTIVATION**

4. I work for the sheer satisfaction of doing it-- It has a lofty, non-material goal and gives me some meaning in my life. In general, I also find what I do highly enjoyable and energizing.

**D. CALLING**



**EXPERIENCE  
NEITHER PLEASANT  
NOR PAINFUL**

**MOTIVATION  
NEITHER  
EXTRINSIC  
NOR INTRINSIC**

5. At this point, my work is of little significance to my life, but I do it anyway. I have no strong feelings about my work (positive or negative) and no real compelling reason or expected outcome.

**E. COASTING**

<b>5 Cs</b>	<b>PLEASURE</b> <i>Enjoyment + Stimulation</i>	<b>PAIN</b> <i>Burden + Drudgery</i>
<b>INTRINSIC REWARD</b> <i>challenge, service, making a difference</i>	<b>D. CALLING</b> vocation	<b>C. CAUSE</b> sacrifice
<b>EXTRINSIC REWARD</b> <i>status, career, money</i>	profession <b>A. CAREER</b>	job <b>B. CHORE</b>

**E. COASTING**

(E. Franco, 2006)



**Which of the 5 Cs would best describe why you do what you do these days?**

**Where do you wish to go in the matrix? Why? What initial “baby steps” can you take to get there?**

## **TRIAD SHARING**

**Form a triad with two other persons that you haven't talked to so far.**



**Share on the following:**

**\* What did you learn about *why* you do what you do and how did you feel about what you learned?**