

Cura Personalis: Establishing Empathy through Context

JCAP TILT III

TRAINING IN TEACHING AND LEARNING

LEARNING BY REFRACTION



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What is Cura Personalis?



Nitko ne voli pametnjakoviće.





What's the difference?

CURA PERSONALIS

Mr. Tom Alessandri, Bellarmine College in
San Jose

***Cura Personalis* is the air we
breathe in any Ignatian ministry**



**It requires us to be constantly fine
tuning our **radar** in caring for the
individual**

Caring for the whole Individual

Physical

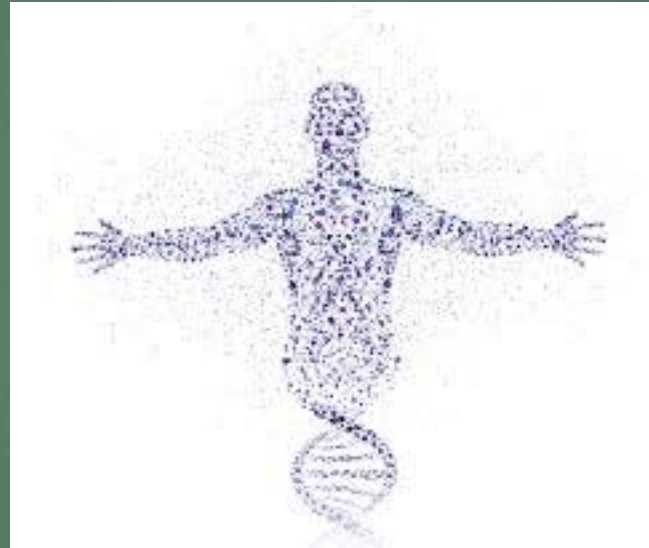
Social

Emotional

Spiritual

Intellectual

**Family
Environment**



For each dimension – outline 5 ways a teacher can learn about the student.



Feedback




When a student goes from class to class the subject never changes.

What happens when we gather information about someone?

- More understanding of their thoughts, feelings, and behaviours.
- More accepting of their strengths and weaknesses
- More **EMPATHETIC**





Empathy helps students learn (Townsend 2013) and those who experience empathy at an early age also develop a higher capacity to learn (Briggs 2014)

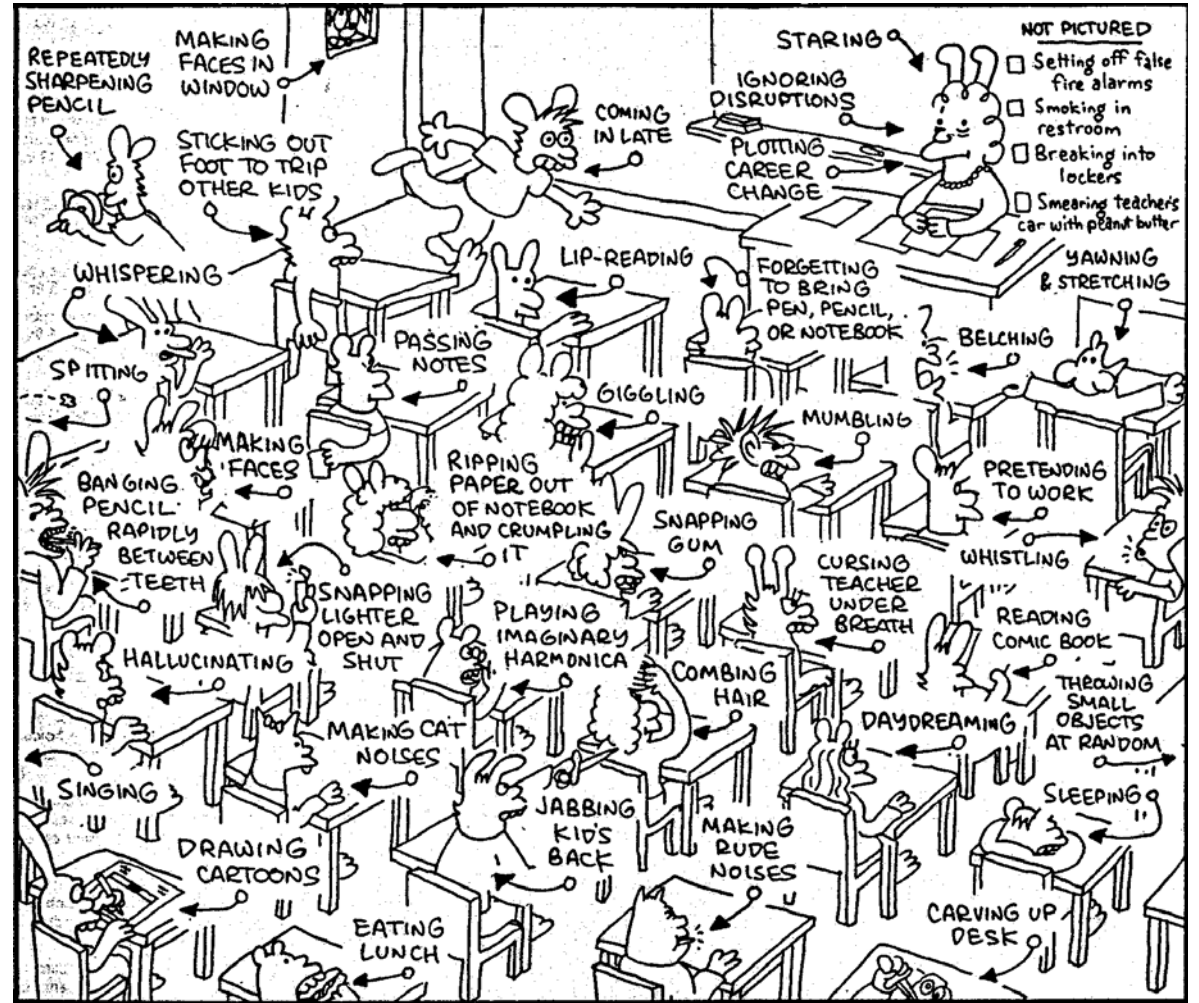
Applied to Education:

2 basic meanings for *Cura Personalis*

- ❖ **Care for the individual**
- ❖ **Holistic education with
a personalised
pedagogy**




What are some of the current concerns and challenges that your students have to deal with?



If we want to be of use to others, begin by taking pains with yourself: the fire that is to enkindle others should be lit at home.

Ignatius of Loyola

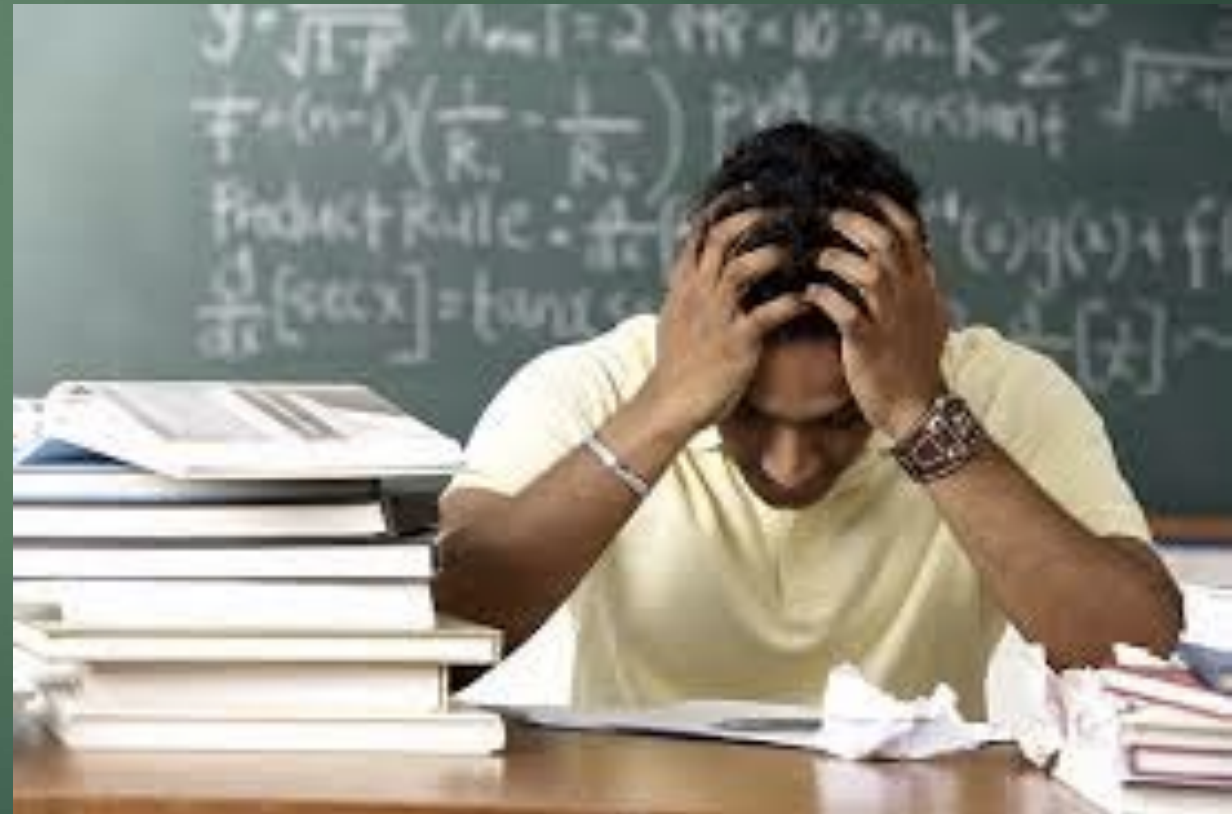




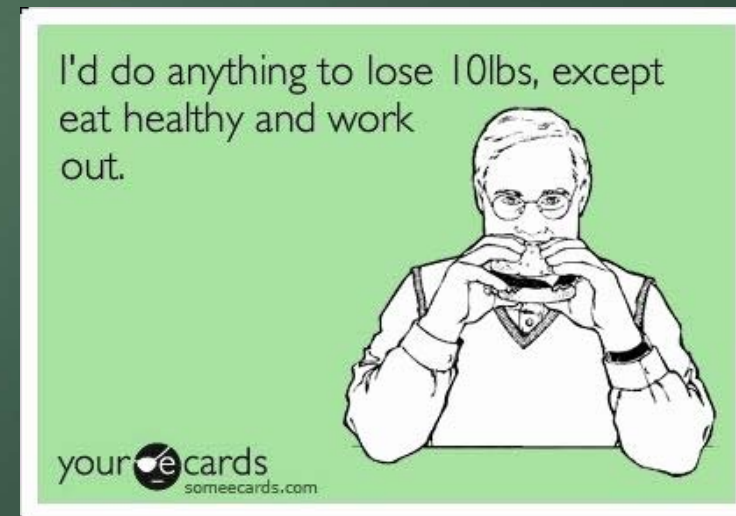
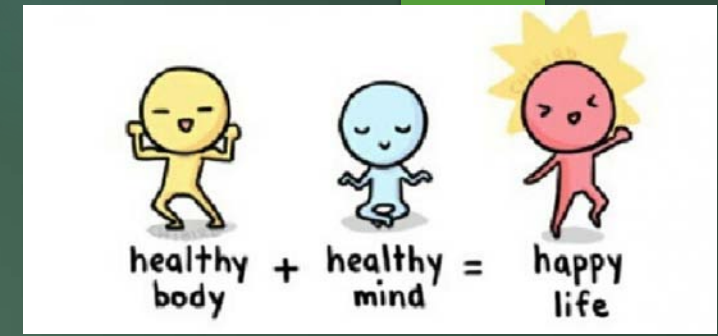
When a teacher goes from class to class
the subject does not change

What are some of the biggest challenges you face?

- ▶ Personally
- ▶ Professionally
- ▶ Worldly



How do you take care of you?





Two Big ideas:

To really care about our students we have to know them, understand them and cater for them – **EMPATHY THROUGH CONTEXT**

You have to take care of you - **know your own context** also.