



LEADERSHIP by
DISCERNMENT

nourishing the contemplative-in-action within

WISL 01 WISE 02
SEVEN FOUNTAINS
Chiangmai, Thailand
01 to 08 APRIL 2018



ST. IGNATIUS OF LOYOLA'S
RULES FOR DISCERNMENT
OF SPIRITS



Sound Spirituality

Sound Psychology



WE ALL
HAVE
A STORY
TO TELL ❤️

default feelings
automatic thoughts



SHARING

Sharing helps **others**.

Sharing helps **you**.

Keep everything **confidential**.

Share only what you are **comfortable** sharing.

The **deeper** the sharing, the richer the learning.

DEFAULT FEELINGS
AUTOMATIC THOUGHTS
MOST POWERFUL HUNGER
 Why? How?
 Any previous decision?



SHARING

How did it go?

What did you learn?

What questions might you have?

DEFAULT FEELINGS
AUTOMATIC THOUGHTS
MOST POWERFUL HUNGER
 Why? How? Any previous decision?

MANAGE YOUR HUNGER	security + comfort		riches + pleasure
	support + affirmation		social approval + honor
	control over my life		power + coercion over others
	intimacy		love + infatuation

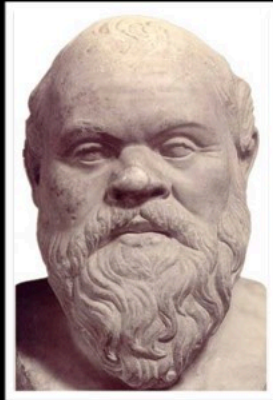
The 4 faces of the evil spirit

For the weak & struggling:

- * An **angry child** who demands louder and louder that we give in
- * A **false lover** who wants us to keep our sins in the darkness of secrecy (That's why we need a spiritual director)
- * An **army general** who attacks us where we are weakest

For the more mature & advanced:

- * A false **angel of light**



"KNOW THYSELF!"

- Socrates